

BENSON UNITED FC: COVID-19 GUIDELINES



FOR COACHES, CLUB OFFICIALS, CLUB WELFARE OFFICERS, VOLUNTEERS, PLAYERS AND PARENTS/SPECTATORS

This document outlines action to be taken, during, and after all training and competitive football activity at BUFC. It should be read in conjunction with the latest UK Government COVID-19 guidelines, and detailed guidance from the FA

In outdoor competitive training and matches physical contact is allowed, but for all other activity (e.g. warm-ups/cool down) the UK Government guidelines on social distancing must be observed. Should UK Government guidance change in response to the current COVID-19 alert, FA guidance will be changed accordingly.

BEFORE ACTIVITY

- Everybody should self-assess for COVID-19 symptoms before every training session or match. If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend. You should stay at home and follow the latest Government guidance
- BUFC has a nominated COVID-19 Officer and have completed a risk assessment before re-starting activity. BUFC will keep attendance registers and follow NHS test and trace protocols
- Personal hygiene measures should be carried out by everyone and hand sanitisers used at the training/match venue
- The sharing of kit should be avoided, but where equipment is shared it must be wiped down before use by another person
- Goal posts and corner poles should be wiped down before, during half time and after matches
- Participants should minimise use of public transport to the venue, following travel guidance
- Participants should arrive at the venue changed and ready to take part in the activity
- All coaches and officials have completed a COVID-19 awareness session and understood all safeguarding procedures
- Where directed by the club use of the facilities at the training/match venue should be minimised. Use of any toilet facilities is according to Government guidelines
- Anyone who is deemed vulnerable in respect of COVID-19 is reminded to follow the Government guidance, only returning to football when it is right to do so

DURING TRAINING OR MATCHES

- Competitive training and match play can take place for all participants in an outdoor setting provided this takes place in groups of no more than 30 (including coaches)
- Competitive play is permitted with social distancing in place before, and after the session and in any breaks of play
- The sharing of drinks and equipment should be avoided and participants should bring their own drinks or refreshments in named containers
- When a ball goes out of play it should not be retrieved by non-participants and where possible should be retrieved using feet rather than hands if possible
- Participants should not spit and should avoid shouting or raising their voices when facing each other
- Set plays : players are encouraged to avoid unnecessarily long set-up or close marking. Other modifications also discourage goal celebrations (as detailed in the FA guidance)
- BUFC coaches will limit proximity towards players during training or matches
- Injuries can be treated, provided rigorous hygiene procedures are followed
- Spectator or parents should be limited to six people per group and spread out in a line, in accordance with Government guidelines
- The use of cash will be restricted at each of the BUFC venues. Details of any tuck shop provision will be given by the club at a later date
- Regular intervals should be taken during the activity for hygiene breaks
- Water bottles and personal belongings should be separated and placed at designated cones

AFTER ACTIVITY

- Hands should be washed at the earliest opportunity and all equipment wiped down with a disinfectant
- Participants should leave the ground in their kit and wash at home. No changing facilities or post match showers should be used
- Everyone must continue to maintain social distancing including all facilities such as huts/pavilions/clubhouse
- Everyone should leave the venue following the traffic flow either the club or facility has provided (or use a one way flow)
- Anyone who becomes infected after training/matches should report this to the NHS test and trace system

DISCLAIMER

This guidance is for general information and does not constitute legal advice, nor is it a replacement for such, nor does it replace any Government PHE advice, nor does it contain any specific commentary or advice on public health related issues

Benson United FC have taken all efforts possible to ensure the information shown above is up-to-date and in accordance with Government and FA guidance at time of publication. However the reader is reminded to check the latest Government web sites and guidance regarding social distancing and any other Government measures