



**BUFC**

## **Code of Behaviour**

### **Be aware of your own personal health**

If you show any of the COVID 19 symptoms you must stay at home, inform NHS test and trace and seek medical advice.

### **Be responsible**

Read the guidance provided by the FA and BUFC so that you are aware of the changes to the game and what is expected of you.

### **Practice good hygiene**

Wash your hands regularly and before, during and after all football activity.

### **Where possible maintain social distancing**

This won't always be possible in a competitive match environment (for example when tackling an opponent) and that is acceptable. However, before, and after you have taken part in any football activity you should maintain social distancing.

### **Support NHS test and trace**

You and your parents will be asked to provide your details so that in the event of a COVID 19 outbreak those potentially infected can be traced. This is to everyone's benefit so please co-operate.

### **Do not spit**

Spitting and the rinsing out of mouths is now a recognised risk to health and must not be done. Avoid shouting or raising your voice if face to face with other players.